

Opening Reading

“I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not when I came to die, discover that I had not lived.

I wanted to live deep and suck out all the marrow of life, to live so sturdily and Spartan-like as to rout all that was not life, to cut a broad swath and shave close, to drive life into a corner, and reduce it to its lowest terms and if it proved to be mean, why then to get the whole and genuine meanness of it, and publish its meanness to the world; or if it were sublime, to know it by experience, and be able to give a true account of it in my next excursion.”

Henry David Thoreau – Walden

Second Reading

Let us be at peace with our bodies and our minds. Let us return to ourselves and become wholly ourselves.

Let us be aware of the source of being, common to us all and to all living things.

Evoking the presence of the Great Compassion, let us fill our hearts with our own compassion – towards ourselves and towards all living beings.

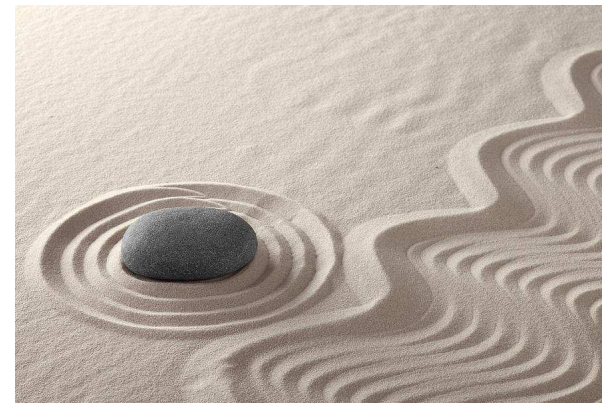
Let us pray that we ourselves cease to be the cause of suffering to each other.

**With humility, with awareness of the existence of life, and of the sufferings that are going on around us, let us practice the establishment of peace in our hearts and on earth.
Amen.**

Thich N’hat Hanh #505 Singing the Living Tradition



Zen Buddhism



May 17, 2015

The Seven Principles of Unitarian Universalism

- The inherent worth and dignity of every person
- Justice, equity and compassion in human relations
- Acceptance of one another and encouragement to spiritual growth in our congregations
- A free and responsible search for truth and meaning
- The right of conscience and the use of the democratic process within our congregations and in society at large
- The goal of world community with peace, liberty, and justice for all
- Respect for the interdependent web of all existence of which we are a part

Wiesbaden Unitarian Universalists

17 May 2015

Love is the spirit of this church, the quest of truth its sacrament, service its prayer.

Centering Thought:

“When you live in the moment, you are always on time” — Dave Rauschkolb

Prelude *Sound Meditation* Benjamin Iobst
from Seven Metals: Singing Bowls of Tibet

Welcome

Opening Reading

I Went to the Woods
Henry David Thoreau, “Walden”

Hymn #184 Singing the Living Tradition (SLT)
Be Ye Lamps Unto Yourselves

Chalice Lighting

*Let your love flow outward through the universe,
To its height, its depth, its broad extent,
A limitless love, without hatred.
Then as you stand or walk, Sit or lie down,
As long as you are awake, Strive for this with a one-pointed mind;
Your life will bring heaven to earth.*

—attributed to the Buddha

Sharing of Joys and Concerns

*We invite you to light a candle at this time as an expression of
your joy or concern that you'd like to share.*

*“I light this last candle for all joys and concerns left unspoken this
day.”*

Two Stories for All Ages

Maybe
Two Monks

*“Go now in peace, go now in peace/May the spirit of love
surround you/
Everywhere, everywhere/ You may go.”*

Second Reading

Let Us Be At Peace

Thich N'hat Hanh

#505 Singing the Living Tradition

Meditation

Homily

“Zen Buddhism” Michael Ruppel

Hymn

#1064 Singing the Journey (STJ)
Blue Boat Home

Extinguishing the Chalice **In unison:**

*“We extinguish this flame, but not the
light of truth, the warmth of
community, or the fire of commitment.
These, we carry in our hearts until we
are together again.”*

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Please join us for refreshment and conversation after the service.

## Upcoming Events

**22-23 May Friday/Saturday** Field Trip Hildegard of Bingen, Part  
2

a walk on the Hildegard trail in Bingen, to include Museum, Ruins  
of Ruppertsberg, Healing Botanical Garden, and her still existing  
monastery above Rüdesheim. (Movie Friday night)

**7 June 14:00** Discussion Group, Hainerberg Chapel

**21 June 14:00** Sunday Service, Hainerberg Chapel

Theme: Summer Solstice, followed by Solstice Celebration in the  
Wiesbaden Warmer Damm Park